



# The Social Dreaming Matrix– EUNAMES EUROPEAN NARRATIVE MEDICINE SOCIETY

Maria Giulia Marini  
On behalf of EUNAMES



# THE DECLARED PILLARS OF EUNAMES

The declared pillars of EUNAMES are:

- Plurality of approaches
- Inclusivity
- Multidisciplinary
- Open to every country also outside Europe
- Community of practice



# The social dreaming matrix

We searched for less obvious pillars through social dreaming session among the members of EUNAMES. Three sessions alongside with the first months of the pandemic in 2021, - second and third wave and starting of vaccinations.

The task of social dreaming was and is to transform thinking through exploring dreams, using the method of free association, amplification and systemic thinking, to make links and find connections to discover new thinking and thoughts.

Gordon Lawrence states: “each dream is a fractal of the other, for dreaming is revealed in pandemic patters; one dream is part of the whole sequence of dreams in a matrix.”



# Rivers/roads, Michael Crummey

Consider the earnestness of pavement  
its dark elegant sheen after rain,  
its insistence on leading you somewhere

A highway wants to own the landscape,  
it sections prairie into neat squares  
swallows mile after mile of countryside  
to connect the dots of cities and towns,  
to make sense of things

A river is less opinionated  
less predictable  
it never argues with gravity  
its history is a series of delicate negotiations with  
time and geography...

Wet your feet all you want  
Hericlitus says,  
it's never the river you remember;  
a road repeats itself incessantly  
obsessed with its own small truth,  
it wants you to believe in something particular

The destination you have in mind when you set out  
is nowhere you have ever been;  
where you arrive finally depends on  
how you get there,  
by river or by road





# The social dreaming matrix pillars

The association of inter-est

Restorative justice

Getting lost

Spiritual and grounded

Appraisal of every kind of knowledge

From ancestors to next generations





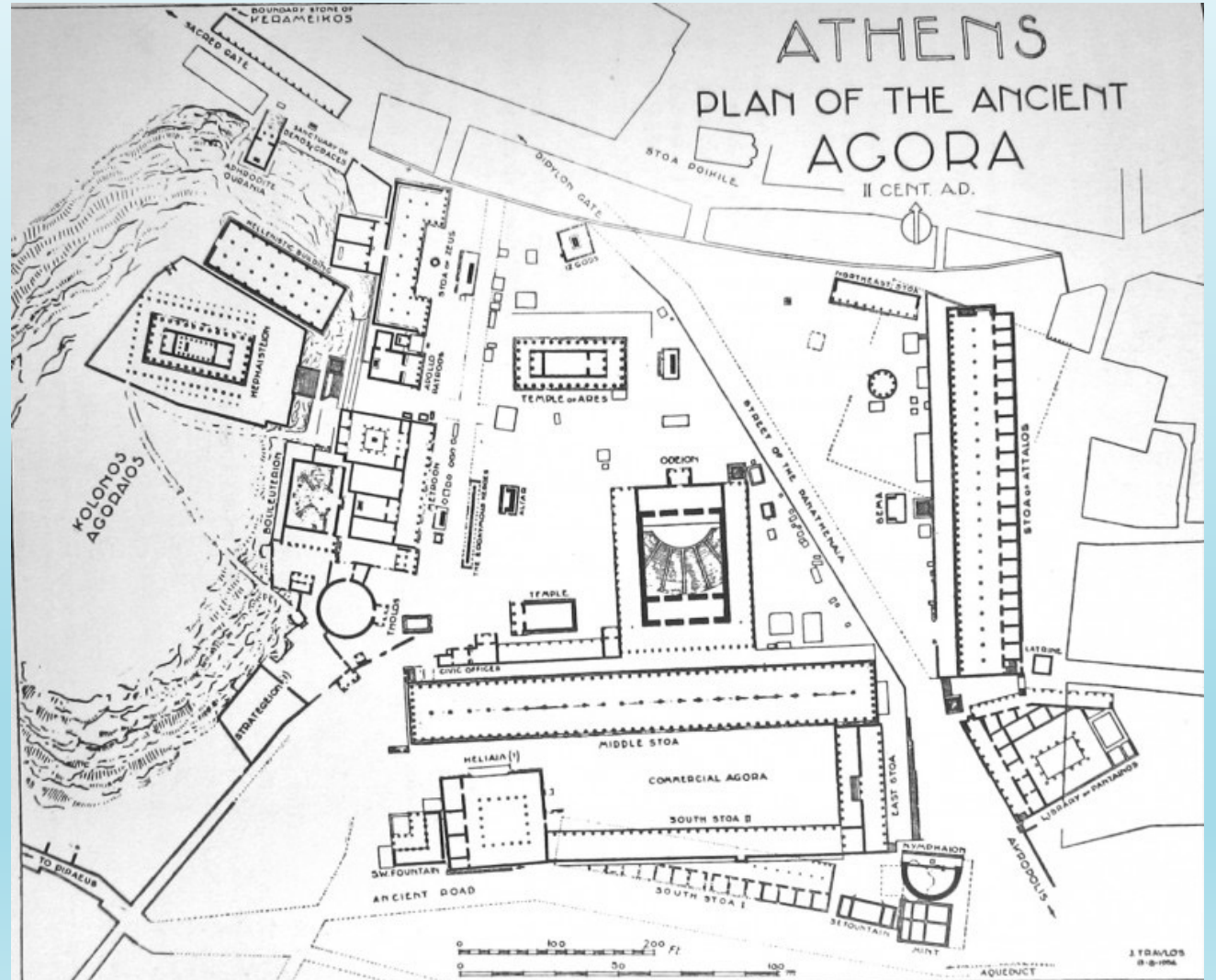
# Association on inter-est

The things, thoughts, feelings, beliefs,  
facts in between:

The sense of free gift, gratuity, and exotic

The sense of something which might  
interconnect us

The sense of free interdependency



# RESTORATIVE JUSTICE

Restorative justice from:

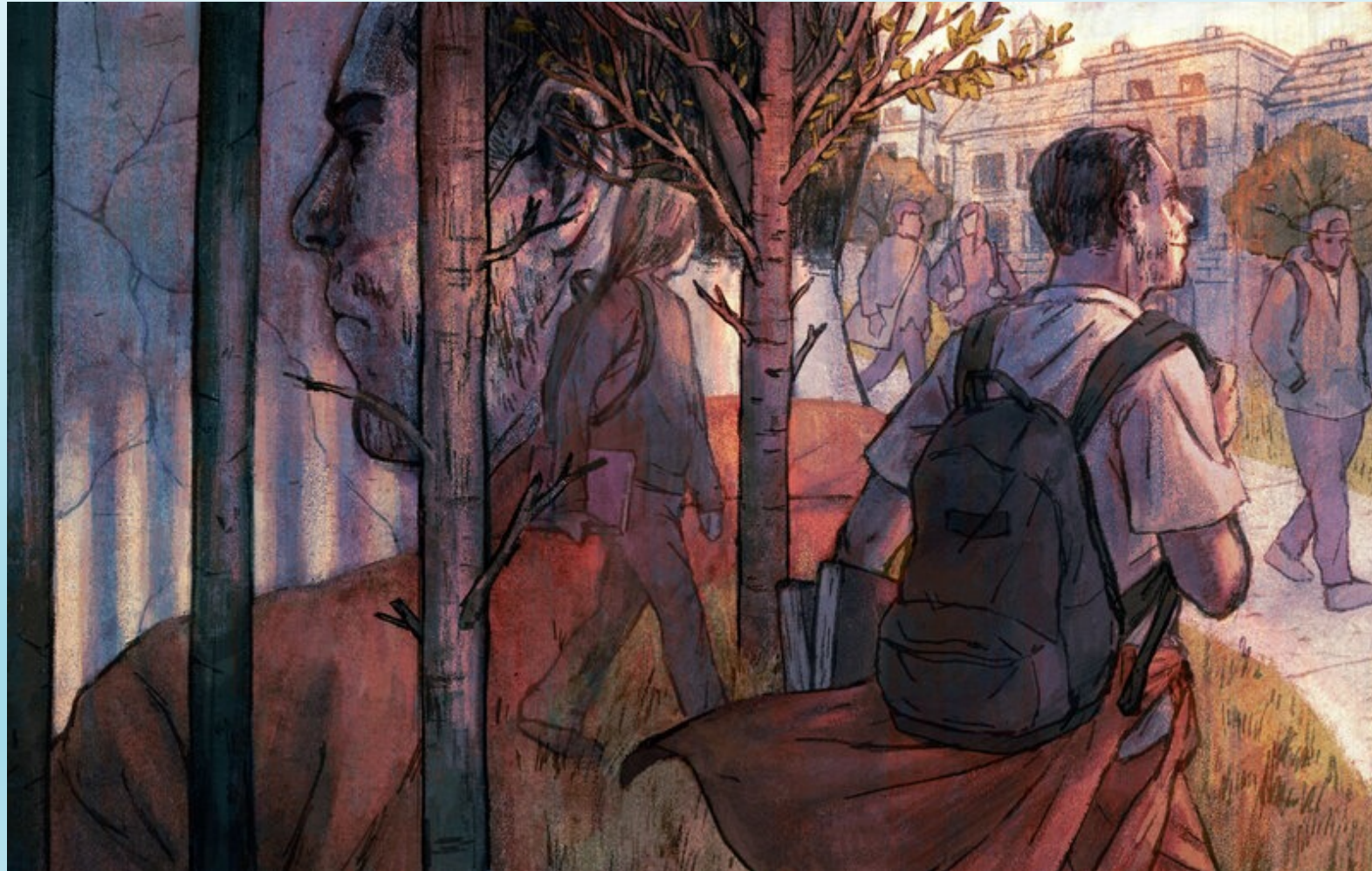
violence of the self

hierarchic external societies violence with  
inducted loss

bureaucratic violence

place of belonging (staying out from the  
prison)

friendship (association of inter-est  
according to the Greek culture, phylos)





# Getting lost

Exploration of unknown:

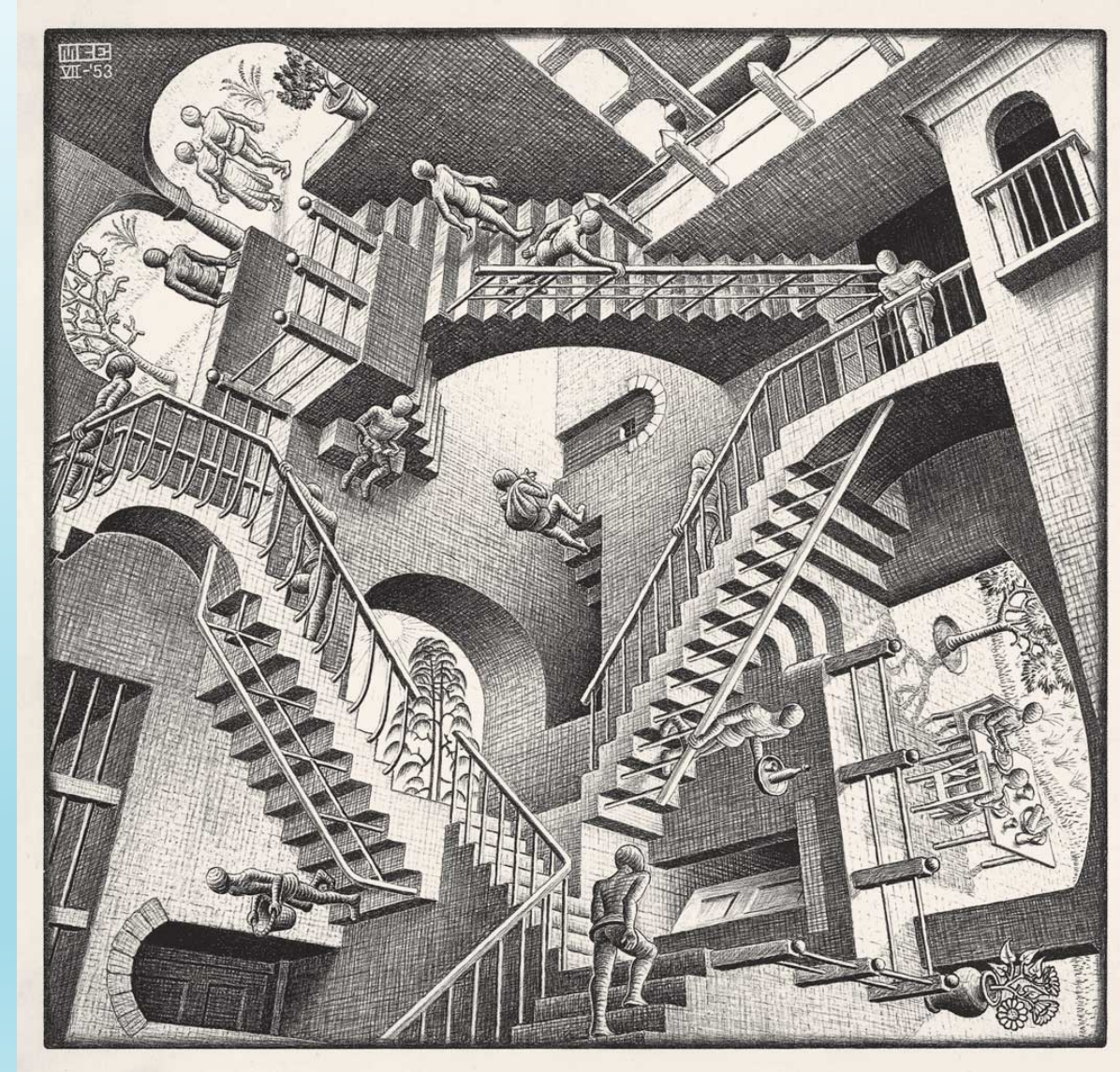
searching for new methods (literally searching for new journeys, -odos, means –way, exotic countries)

seeing beyond the blindness (accepting the blindness whatever it takes, current methods are leading to blind solutions?)

avoiding time planning abuse (Chronos versus Kairos): i.e. if someone has something to share, to say, to tell, seize the moment

wanted and unwanted getting lost

Labyrinths (labor intus)







# Appraisal of every kind of knowledge

All narratives of beliefs, competences, and knowledge are included:

STEM Science (Clinical) Technology Engineering  
Mathematics (more metrics)

SHAPE Sciences, Humanities, Arts for People and  
Economics (more creative)

Invention of new acronyms for interwoven arts,  
disciplines

Unknown competences without the need of  
certification, from traditional societies

Above all, acknowledgment of every kind of narrative,  
including the shadow zone: facing the shadow with, the  
eventual scope is to get away from it





# Spiritual and grounded

Liminality, ritual of passage, "stand at the threshold",  
"shallow waters" among different health- illness status,  
life and death, nature (with its appraisal and discovery)  
and culture (with its belief),

Body and mind interconnection (brain, soul?)  
interdependence

communicable and incommunicable situations (Tabu')

Grounded on the earth, on our planet, and wider in a  
cosmic ecosystem with all living and not living  
organisms

Microcosmos (genetics) and macrocosmos







# From ancestors to next generations

Ancestors (with reconciliation to the feminine) are the roots where we reconnect:

Being present is the inter-est of the association:

For future generations of human beings, animals, plants, earth, and cosmic wellbeing.

Focus on youth education (since the so many universities dreamt)

Focus on earth narrative (its health status, cleaning polluted waters)







# EUNAMES PEOPLE- endorsed by WHO Europe cultural contexts of Health

- Paola Chesi Italy
- Pierre Anhoury France
- Angelika Messner Germany
- Trish Greenhalgh UK
- Jonathan Mc Farland UK and Spain
- Neil Vickers UK
- John Launer UK
- Carol Ann-Farkas Canada and USA
- June Boyce Tillman UK
- Mauro Zampolini Italia
- Stefania Polvani Italia
- Stephen Legari Canada
- Nicoletta Suter Italia
- Susana Magalhaes Portugal
- Bernardino Fantini Italia and Swisse
- Sorin Costreie Romania
- Isabel Fernandes Portugal
- David Cerdio Mexico
- Maria Giulia Marini Italia
- Gerard Reach France
- Martina Zimmermann Germany and UK
- Weronika Madryas Polonia
- Anna Batistatou Greeceland
- Federica Vagnarelli Italia and South Arabia
- Ourania Varsau Greeceland and UK
- Alireza Monajemi, Iran
- Muiris Houston, Ireland
- Deborah Alma, UK
- ...?



# Development of inter-est

- Networking with already existing groups in medical humanities, SIMEN (Società Italiana di Medicina Narrativa) and the Doctor as a Humanist, Germen, the Arts and Humanities group, the Poliphonia...?
- Publishing system in the book series New Paradigms for Health Care by Springer in the next 5 years?
- Starting to share knowledge according to the Social Dreaming Pillars in the group (45 minutes of sharing knowledge with full creativity by one speaker and then moodboard with praise for every kind of proposed knowledge)?
- Collection of these speeches in a e-book to be presented on the EUNAMES website, at Congress of SIMEN next year in Catania and in the Doctor as a Humanist?