



FONDAZIONEISTUD

Workshop "Resilience in the Healthcare Professions"

Milan, Piazza IV Novembre, 7
3rd November 2016

Facilitator: Dr. John Launer, Honorary Consultant at Tavistock Clinic, London

The aim of this one-day workshop will be to introduce participants to the concept of resilience and help them maintain their enthusiasm and energy for their work in healthcare, reduce the risk of burnout and manage stress better.

The workshop will be interactive, and there will be opportunities to discuss examples of encounters at work that have challenged people's resilience.

FACILITATOR

John Launer is a doctor, educator, organisational consultant and award-winning writer. With a dual professional background in general practice and family therapy, and a degree in English literature, his interests range across the borders of health care, systems thinking, and the Humanities. They include clinical supervision for the health professions, team development in the health service, and Narrative Medicine. He is an honorary lifetime consultant at the Tavistock Clinic, honorary senior lecturer in primary care at Queen Mary University of London, associate dean at Health Education England, a member of the faculty at ISTUD Business School in Milan and honorary president of the Association of Narrative Practice in Healthcare.

TOPICS COVERED INCLUDE:

- Definitions of resilience
- Research into resilience in healthcare
- What promotes or hinders resilience
- Giving and receiving support and supervision
- Humour as a source of resilience
- How to train colleagues and learners in resilience
- How to respond to bullying, and to avoid accusations of bullying

FOR INFORMATION

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ENROLMENT FORM: "RESILIENCE IN THE HEALTHCARE PROFESSIONS"

Please fill in the enrolment form and sent to Fondazione ISTUD by e-mail to areasanita@istud.it or by fax +39.0323.933805

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Price:

- ☐ ~~Standard: 450 euro + VAT~~ **SPECIAL PRICE FOR THIS EDITION: 200 EURO + VAT**
☐ For the members of the Italian Society of Narrative Medicine (Società Italiana di Medicina Narrativa – SIMeN): 180 euro + VAT
☐ For ex participants to ISTUD Master in Applied Narrative Medicine: 180 euro + VAT

Payments method: Bank account: Fondazione ISTUD per la cultura d'impresa e di gestione c/o INTESA SANPAOLO S.p.A. Filiale 03804 - STRESA, PIAZZA DR FELICE POSSI - IBAN: IT06 L 03069 45680 000001044183 - BIC: BCITITMM

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Payment, Admissions and Cancellation Policies

General: All classes and discussions are conducted in English. Fondazione ISTUD reserves the right to use photos taken during seminar activities for promotional and educational purposes.

Lodging: Lodging and meals are not included in the program cost unless otherwise stated.

Cancellations: Because attendance at this course requires significant advance preparation and demand often exceeds capacity, it is important that you contact us in a timely manner if you must cancel or defer your attendance. To receive a full refund of tuition, notice of cancellation must be received more than 60 days in advance of the program start date. Participants who cancel less than 60 days in advance will not receive a refund but may nominate an acceptable substitute or attend a future session of the same program within one year.

Fondazione ISTUD reserves the right to cancel a program at any time for any reason. In the unlikely event of a course cancellation, paid program fees will be refunded, but the School is not responsible for any travel or other related expenses accrued by the program registrant.

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