

Tools of narrative medicine

[illegible]

		Free drawings	Game	Parallel chart (digital)	Parallel chart (on paper)	Social impulsive writing (Digital)	Foru,m	Reflective writing (on paper)	Reflective writing (digital)	Reflective writing (download plot narrative)	Oral interview	Focus group	FOTO
Provider of care	Children												
	Adolescent												
	Adult												
	Older												

Free drawings: Free drawings, usually on paper, helps to share experiences difficult to express talking or writing.

Free narrative on paper: Unstructured, free narrative, written by hand on paper, helps to let flow emotions and thoughts, passing or passed.

Impulsive writing on paper: Unstructured, free narrative, written by hand on paper, from the impetus of passing feelings and reflections.

Social impulsive writing (digital): Social networks are an immediate sharing place, even for disease experiences. Sharing is often impulsive, unstructured, driven by events.

Forum: Forums are a place where to share also disease experiences, they allow an immediate sharing, and are people themselves who decide when to start it and when to stop it, deciding to use a pseudonym or not.

Reflective writing (on paper): Reflective writing on paper is used as an exercise for reflect on one's own experience, and also to identify oneself with another one in a relationship.

Reflective writing (digital): Digital reflective writing has the same purpose of the one on paper, but the kind of support changes.

Reflective writing (download plot narrative): Reflective writing is guided by a plot downloaded from web. Writing is on paper, but there's also an interaction with web.

Oral interview: Oral interview, structured with a check-list.

Focus group: Structured or half-structured interview to a defined group of persons.

Photo: From photos, or images, can be showed to help people to share narratives, phrases, feelings, experiences.