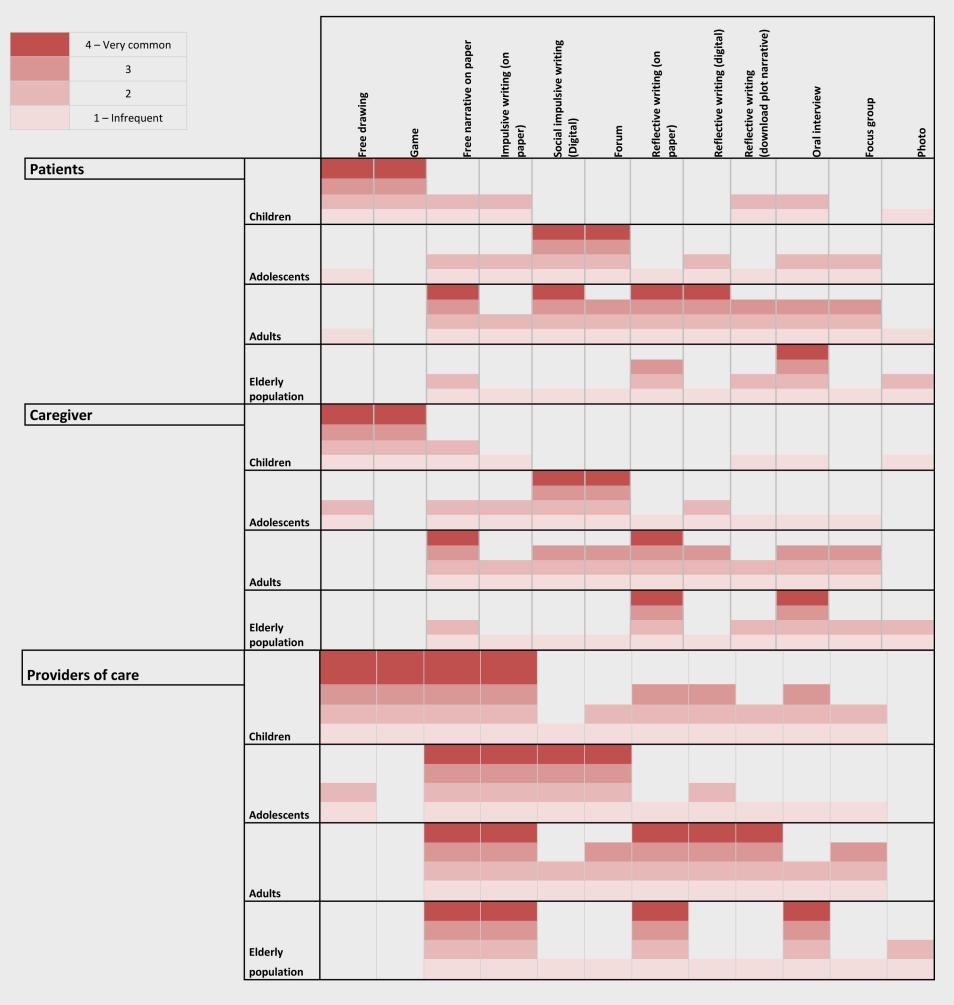


Tools of Narrative Medicine



Free drawings: Free drawings, usually on paper, helps to share experiences difficult to express talking or writing.

Free narrative on paper: Unstructured, free narrative, written by hand on paper, helps to let flow emotions and thoughts, passing or passed.

Impulsive writing on paper: Unstructured, free narrative, written by hand on paper, from the impetus of passing feelings and reflections.

Social impulsive writing (digital): Social networks are an immediate sharing place, even for disease experiences. Sharing is often impulsive, unstructured, driven by even Forum: Forums are a place where to share also disease experiences, they allow an immediate sharing, and are people themselves who decide when to start it and when to

a pseudonym or not.

Reflective writing (on paper): Reflective writing on paper is used as an exercise for reflect on one's own experience, and also to identify oneself with another one in a relative writing on paper is used as an exercise for reflect on one's own experience, and also to identify oneself with another one in a relative writing on paper.

Reflective writing (digital): Digital reflective writing has the same purpose of the one on paper, but the kind of support changes.

Reflective writing (download plot narrative): Reflective writing is guided by a plot downloaded from web. Writing is on paper, but there's also an interaction with web.

Oral interview: Oral interview, structured with a check-list.

Focus group: Structured or half-structured interview to a defined group of persons.

Photo: From photos, or images, can be showed to help people to share narratives, phrases, feelings, experiences.