Master in Applied Narrative Medicine
6th edition

In partnership with:

SIMeN
Società Italiana di Medicina Narrativa
Narrative Medicine is defined as “what happens between the healthcare professional and the patient: from the collection of information about events before the disease, to how the disease displayed, with focus on psychological, social and ontological themes” (Greenhalgh and Hurwitz, BMJ 1999).

In this definition from the Centre for Humanities and Health of the King’s College of London, attention to the individual is given, to how she/he is living the disease or fragility condition and to the better way to customize a long term care strategy together with the healthcare professional.

Narrative Medicine rises from the daily clinical practice of healthcare and social teams, based on authentic narratives from all the people involved in a disease experience – patients, their family members and caregivers, health care professionals. Health care narratives allow to highlight the experiences, expectations and needs of the involved stakeholders. Not only, it allows to understand and identify the spaces of intervention useful to improve the services and the organization of the ways of care.

While Medical Humanities imply the artistic and humanistic patrimony related to health and disease, Narrative Medicine focuses on real health care professionals’ contexts of care.

Narrative Medicine is more and more legitimated, both at national and international level, as a possible tool to improve health care system efficacy and quality.

The World Healthcare Organization (WHO) published in September 2016 a paper for the application of narrative methods, addressed to all the national healthcare systems: “Cultural context of health: the use of narrative research in the health sector”. In the document, methods of narrative research are recommended in the healthcare sector, in integration with other standardized instruments.

Narrative research could be used with individuals, families, communities and healthcare professionals and to supply relational and organizational competences. But narrative competences must be learned in a structured way, throughout a scientific method.
Why a Master in Applied Narrative Medicine?

Narrative Medicine provides **relational and organizational competences**, which contribute to improve the daily practice and strengthen the curriculum vitae, providing concrete tools for a care approach based on authentic listening to patients, their caregivers, health care professionals.

Narrative Medicine for...

The Master in Applied Narrative Medicine of ISTUD Foundation is a training program with the aim to train in a structured way health care professionals to the use of narrative in the clinical and social daily practice.

- Improve the **listening skills** of people in care, their caregivers and, health care teams
- Understand how to move from the “patient with a disease” to “**the person who lives with a disease**”, considering biological, psychological and social environments
- Improve the **relational and organizational skills** in contexts of care
- Learn **useful tools** to be integrated in the clinical practice
- Build a **better working climate** for ownself and among colleagues
- Rediscover the **meaning of the own profession**
- Contribute to make **healthcare services more sustainable** throughout the encounter between patients and medical caring needs
“The Master in Applied Narrative Medicine of ISTUD Foundation is one of the best training program on Narrative Medicine in Italy”, Stefania Polvani, sociologist at the Public Healthcare Facility of Florence, president of SIMeN (Italian Society of Narrative Medicine) and part of the scientific coordination at the OMNI (Italian Observatory of Narrative Medicine).

Characteristics of the Master

- **APPLICATIVE AND PRAGMATIC**, based on narratives from the daily clinical practice
- **INTERNATIONAL**, with direct testimonies from European and extra-European Narrative Medicine experts
- **MULTIDISCIPLINARY**, since through the integration of experiences it is possible to create a real community of professionals able to spread the care approach based upon narration
- **ITALIAN**, because it gains from the humanistic Mediterranean patrimony

The Master is addressed to:

Physicians, nurses, social-healthcare operators, psychologists, counsellors, members of patient’s associations, professionals from health care companies, healthcare trainers, experts in healthcare communication.
Master's Structure: 3 modules

Fact-finding conversation by telephone or on-line (2 hours)

1° MODULE: Narrative Medicine, a new paradigm to generate well-being
14-16th September 2017, Milan – from 15:00 of Thursday

- Narrative Medicine: state of the art and definitions. The integrations with Medical Humanities. Maria Giulia Marini
- Narrative Research methods and their application. Maria Giulia Marini
- Narrative Medicine’s tools and examples of applications. Paola Chesi
- Evolution of the care processes. Narratives for health care professionals and organisations. Delia Duccoli
- Illness narratives in the clinical practice and in the healthcare training. Isabel Fernandes
- Coping strategies through Narrative Medicine. The role of empathy and of “intelligent kindness”. Maria Giulia Marini
- Discussions based on a proposed “Disease centered movie” (Thursday evening). Carol Ann Farkas
- Working groups and Individual exercises of reflective writing. All participants

At distance tutorship (30 hours of practice in the realisation of a Project Work)

Maria Giulia Marini
Director of Health Care Area of Fondazione ISTUD, Milan

Isabel Fernandes
Scientific Coordinator of the Narrative & Medicine Project - ULICES - University of Lisbon Center for English Studies

Paola Chesi
Expert in interpretative models of stories, Fondazione ISTUD, Milan

Delia Duccoli
Psychologist and expert teacher on care relationships issue, Fondazione ISTUD

Carol Ann Farkas
Professor of Medical Humanities at Massachusetts College of Pharmacy and Health Sciences Boston, USA
2° MODULE: Narrative Medicine as a catalyst to generate sustainability
30th November and 1st-2nd December 2017 – from 15:00 of Thursday

• Analysis of the language to interpret relationships of care and illness stories. Linguistic and relational questions. Maria Giulia Marini
• Analysis of the stories and of the verbal, un-verbal and symbolic text. Narrative classifications. Paola Chesi
• Experiences of use of metaphors into care narratives.
• Narrative Medicine to create sustainability toward appropriate cares: benefits from narratives in the healthcare process. Evaluation of the Burden of Illness and the Patient’s Journey. Luigi Reale
• The use of software to analyse stories: Nvivo Program. Luigi Reale
• Collecting narratives: possible contexts and methods. The development of a Narrative Medicine project. Vera Kalitzkus
• Discussions based on a proposed “Disease centered movie” (Thursday evening). Carol Ann Farkas
• Working groups and Individual exercises of analysis of stories. All participants.

At distance tutorship (30 hours of practice in the realisation of a Project Work)

Maria Giulia Marini
Director of Health Care Area of Fondazione ISTUD, Milan

Luigi Reale
Expert in models of sustainable health care system, Fondazione ISTUD, Milan

Vera Kalitzkus
Medical Anthropologist, University of Düsseldorf

Paola Chesi
Expert in interpretative models of stories, Fondazione ISTUD, Milan

Carol Ann Farkas
Professor of Medical Humanities at Massachusetts College of Pharmacy and Health Sciences Boston, USA
3° MODULE: Building a network for the diffusion of Narrative Medicine
8-10th February 2018 – from 15:00 of Thursday

- The use of the results from narratives in Healthcare and into daily clinical practice. How to publish Narrative Based Medicine in an evidence based world. **Manuella Walker**
- Conversations inviting change: narrative skills into medical conversations. **John Launer**
- Discussions based on a proposed “Disease centered movie” (Thursday evening). **Carol Ann Farkas**
- Sharing of the project works’ results: what we have learned and how to value the results. **All participants**

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**Manuella Walker**
Medical writer, Pencil&Papers

**John Launer**
Associate Dean for Faculty Development for Health Education England

**Carol Ann Farkas**
Professor of Medical Humanities at Massachusetts College of Pharmacy and Health Sciences Boston, USA

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All the single modules will be accreditated according to the Continuous Medical Education system by the Italian Ministry of Health for all health care professions.

At the end of the Master a **diploma** will be released. All participants will belong to the website community. Participants can also choose to enroll themselves only to a single module, but without obtaining the diploma.

All participants will be also registered to [www.medicinanarrativa.eu](http://www.medicinanarrativa.eu), a web site which is a living library for narrative medicine, constantly updated with materials, articles and initiatives.
More and more testimonies from health care professionals who apply Narrative Medicine state how this approach changed their clinical practice, improving the relationships of care with patients and colleagues. This is the reason why the Master in Applied Narrative Medicine is addressed to health care professionals to supply tools not only to improve the ordinary clinical practice, but also to live better the own profession.

More, the Master intends to contribute to the building of the national and international network on Narrative Medicine, starting from the scientific community.

“There are many reasons why I appreciate so much my invitations to teach on the Masters in Narrative Medicine at ISTUD. The course is unique in Europe in its focus on the uses of narrative in medicine. The combination of clinicians, researchers and managers on the course makes for a very creative atmosphere. I always find the commitment and enthusiasm of the participants quite exceptional, and the bilingual nature of my sessions (where we use both English and Italian) gives additional energy”

John Launer, Associate Dean for Faculty Development for Health Education England

“It is really stimulating seeing the Italian contribute to Narrative Medicine through this initiative, I am sure it will lead to positive changes in clinical practice and in the organization of Health Care system in Italy”

Brian Hurwitz, Centre for Humanities, King’s College - London

“This was a 365° experience - 360° more a little peace - which stimulated me and made me reflect on many things. During the development of my project work I felt, from who told the own story, a trust toward me that moved me. I really hope to have the possibility to continue to be moved”

Educator, participant to the 5th edition of the Master in Applied Narrative Medicine

“That you. I have to say that I haven’t ever found so much listening, consideration, respect as I found at the Master. So, thank you because, being already difficult to preserve time to do something more, without an efficient and appreciated help, everything would be useless”

Anesthesiologist, participant to the 5th edition of the Master in Applied Narrative Medicine
“It was a succession of words, stories, narratives, exchange, debate, support, active listening, laughters, carefreeness. Now we are stronger, full of that passion marking us from the beginning. I hope we will be able to act changes, even if little, but we must start. Thank you for the wonderful experience”

Technician of Psychiatric Rehabilitation, participant to the 3rd Edition of the Master in Applied Narrative Medicine

“This must be sufficient to insert Narrative Medicine in medical training: the fact that several examples and researches demonstrate that Narrative Medicine can improve the doctor-patient and the doctor-healthcare professional relationships”

Physician, participant to the 3rd Edition of the Master in Applied Narrative Medicine

“It was interesting to discover several analogies with the world of Education, which I come from. Narrative Medicine puts the person in the core, and not his or her sick organs - as in school and in Education we put in the core people who learn”

Educationist, participant to the 2nd Edition of the Master in Applied Narrative Medicine

“Very interesting themes, and profound Faculty. A precious and stimulating occasion of debate and exchange together with enthusiastic, kind and top professional colleagues”

Counselor, participant to the 3rd Edition of the Master in Applied Narrative Medicine

“After this training experience I acquired new knowledge that I am ready to apply in my clinical practice... thank you ISTUD”

Nurse, participant to the 5th edition of the Master in Applied Narrative Medicine
Location:
Milan - Italy
Blend Tower
P.zza IV Novembre 7 (near to Central Station)

Costs:
Cost of the whole Master (three modules): 1,800 euro + IVA
Payment is in two installments: 1,000 Euro with the enrolment and the final amount by 31/12/2017
Cost of a single module: 850 Euro + VAT

Fondazione ISTUD

The Healthcare Area of Fondazione ISTUD is a research and training centre which conceives, designs and implements activities of reorganization of the diagnostic and therapeutic care and rehabilitation and organizational research and training for the development of health care professionals and organizations. It is one of the Italian and international reference models for the diffusion and application of the Narrative Medicine Approach, reviser of the WHO’s document on narrative research and member of the Italian Society on Narrative Medicine.

Fondazione ISTUD is accredited as a “private research institute” by the Ministry of Education and University (MIUR), ECM (Continuing Medical Education) provider by the Ministry of Health.
ENROLMENT FORM

To join the Master in Applied Narrative Medicine, please fill in the enrolment form. If you want more information please contact Fondazione ISTUD (e-mail areasanita@istud.it - Call us at: +39.0323.933801):

Please, fax this form at: +39.0323.933805

First Name --------------------------------------------------------------------- Last Name ---------------------------------------------------------------------

Job Title ------------------------------------------------------------------------------------------------------------------------

Address --------------------------------------------------------------------------------------------------------------------------

City ------------------ Zip ------------------

Telephone ------------------ Fax ------------------

E-mail ---------------------------------------------------------------------------

Invoice Address (if different from above) --------------------------------------------------------------------------------------------

Tax code ---------------------------------------------------------------------------

Vat Number ---------------------------------------------------------------------------

I would like to sign up for :

r Master in Applied Narrative Medicine: 1.800 Euro + VAT 22%. (Two installments)

r Module I: 850 Euro + VAT 22%  r Module II: 850 Euro + VAT 22%  r Module III: 850 Euro + VAT 22%

Payments method:
Bank account: Fondazione ISTUD per la cultura d’impresa e di gestione c/o BANCA PROSSIMA - Piazza Paolo Ferrari, 10 20121 MILANO - CODICE IBAN: IT30 D033 5901 6001 0000 0145 924 SWIFT/BIC: BCITITMX

Data Protection: Personal data is gathered in accordance with lex 196/03 paragraph 13 (Italy).
Payment, Admissions and Cancellation Policies
General: All classes and discussions are conducted in English. Fondazione ISTUD reserves the right to use photos taken during seminar activities for promotional and educational purposes.

Lodging: Lodging and meals are not included in the program cost unless otherwise stated.
Cancellations: Because attendance at a Master in Applied Narrative Medicine requires significant advance preparation and demand often exceeds capacity, it is important that you contact us in a timely manner if you must cancel or defer your attendance. To receive a full refund of tuition, notice of cancellation must be received more than 60 days in advance of the program start date. Participants who cancel less than 60 days in advance will not receive a refund but may nominate an acceptable substitute or attend a future session of the same program within one year.

Fondazione ISTUD reserves the right to cancel a program at any time for any reason. In the unlikely event of a course cancellation, paid program fees will be refunded, but the School is not responsible for any travel or other related expenses accrued by the program registrant.

* By typing my name below I certify that I have read and understood the policy statements above and that all information and accompanying material provided in connection with this application are authentic and accurate.

*Applicant Name:

Signature of authorised person

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